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SARAWAK

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11th 27.09.2026
PADANG MERDEKA
SERIES OF KM

**KUCHING
MARATHON
2026**

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RUNNER'S BOOKLET



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Waiver of Liability

Participants shall read and understand the Rules and Regulations of Kuching Marathon 2026. A complete list of the Rules and Regulations can be obtained at www.marathonkuching.com and all participants shall be bound by all rules and regulations therein. The Organisers shall not be held liable for any bodily injury or death whatsoever directly or indirectly caused to any participant and/or for any loss or damage or anything else whatsoever directly or indirectly caused to properties belonging to any participant in respect of and/or in any manner whatsoever arising out of and/or due to their participation in Kuching Marathon 2026.

Welcoming Address



**The Honourable
YB DATO SRI HAJI ABDUL KARIM RAHMAN HAMZAH**

*Minister of Tourism, Creative Industry & Performing Arts Sarawak;
Minister of Youth, Sports & Entrepreneur Development Sarawak*

Assalamualaikum warahmatullahi wabarakatuh, Salam Sejahtera and Salam Sarawakku Sayang.

Distinguished guests; representatives of government agencies and uniformed bodies; members of the Kuching Marathon Association and the organising committee; our valued sponsors, partners and supporters; dedicated volunteers and officials; members of the media; and, most importantly, all runners and supporters of Kuching Marathon 2026.

It gives me great pleasure to welcome all of you to the 11th Series of Kuching Marathon, here at the historic Padang Merdeka.

Kuching City had once again become an exciting meeting point for runners, families and visitors, in bringing together the shared spirit of determination, friendship and healthy living.

To the more than 13,000 runners taking part in this year's run, we extend our warmest welcome to all participants, whether you are competing in the full marathon, 21KM, 10KM Run or 5KM Run. Your presence in this annual event reflects the growing stature of Kuching Marathon and the confidence that the running community places in our city.

The Ministry of Tourism, Creative Industry and Performing Arts Sarawak (MTCPI) recognises sport tourism as an important driver of visitor arrivals, economic activity and destination branding. Events such as the Kuching Marathon encourage visitors to stay longer, explore our attractions, enjoy our food and hospitality, and discover the many stories that make Sarawak unique.

Our Ministry remains committed to supporting quality sporting events through strategic promotion, collaboration with tourism and industry partners, destination marketing, and close coordination with relevant agencies. We also encourage organisers to continuously strengthen event standards, participant experience, safety, sustainability and community involvement, so that major events create lasting benefits for Sarawak.

Kuching Marathon is an excellent example of how sporting events and tourism can work well together for the community. As runners move through Kuching City, they can catch glimpses of our rich heritage, local landmarks, friendly neighbourhoods and folks. At the same time, local hotels, restaurants, transport providers, retailers and small businesses reap benefits from the energy and activities generated from the event. The spin off effects are much welcomed and we want to continue building Sarawak's diverse calendar of sport-tourism events.

I wish to record my sincere appreciation to the Kuching Marathon Association (KMA), the organising committee, sponsors, supporters and event partners for your dedication, hard work and confidence in this event. Our appreciation also go to the government agencies, local authorities, police, medical and emergency teams, uniformed bodies, route marshals and all volunteers who have worked tirelessly behind the scenes to ensure that the event is well organised and runs smoothly.

Every contribution matters—from managing registrations and logistics, securing the route and providing medical assistance, to preparing hydration stations, guiding runners and keeping the city clean. Your professionalism, commitment and generosity make this event possible, safe and welcoming.

To all runners and visitors, we invite you to experience Kuching City beyond the race's route. Take time to enjoy our iconic Kuching Waterfront, heritage quarters, museums, markets and renowned Sarawak cuisine. Meet our diverse communities and experience the warmth and hospitality for which our people are known. We hope your time here will leave you with wonderful memories and give you many reasons to return to Kuching and Sarawak.

To all runners, as you take on your chosen distance, do enjoy the run, respect your fellow participants and follow the guidance of the race officials. Look after your health, remain mindful of the conditions and support one another along the way. Whether you are chasing a personal best, completing your first race or simply enjoying the occasion with friends and family, reaching the start line itself is already an achievement.

May Kuching Marathon 2026 continue to grow as the signature international event for Sarawak and a renowned platform for sport tourism. Together, let us showcase Kuching City as a vibrant, inclusive and welcoming destination, while inspiring healthier lifestyles, strengthening communities and creating meaningful opportunities for our local tourism and business sectors.

Once again, congratulations to the Kuching Marathon Association and the organising committee, and my deepest appreciation to every sponsor, stakeholder, government agency, uniformed body, volunteer and supporter who has contributed to the success of this event.

Thank you and wishing all runners the very best!



YB DATO SRI HAJI ABDUL KARIM RAHMAN HAMZAH

Message



MR. LIEW TANG CHIEH

Race Director of Kuching Marathon 2026

Distinguished guests, partners, volunteers, members of the media, fellow runners, ladies and gentlemen — selamat datang, and a very warm welcome to Kuching Marathon 2026!

On behalf of the organising committee, it is my great pleasure to welcome every one of you to Kuching, the vibrant capital of Sarawak. Whether you have travelled from another part of Malaysia or crossed oceans to be here, we are honoured that you have chosen to share this special day with us.

On 27 September 2026, our streets will come alive with determination, friendship and the unmistakable energy of thousands of runners. Some of you will be chasing a personal best. Some will be taking on a new distance for the first time. Others will run simply for the joy of movement, the encouragement of friends and the privilege of seeing Kuching on foot. Whatever your goal, each journey to the start line deserves our respect.

As you make your way through the city, we hope you experience more than a race. Take in Kuching's riverside character, its rich heritage and the warmth of our local communities. Listen for the cheers along the route, encourage the runner beside you, and carry home memories of Sarawak's hospitality.

A marathon of this scale is made possible by many hands and generous hearts. I extend my sincere appreciation to our sponsors, partners, government agencies, medical and security teams, route officials, pacers, community supporters and every volunteer who has given their time and energy. To the people of Kuching, thank you for welcoming our runners and helping us create an event our city can be proud of.

To all participants, please run with care. Follow the instructions of race officials, keep to the designated route, stay hydrated and seek assistance if you feel unwell. Please also look out for one another. The strongest marathon community is one in which everyone can pursue their goal safely and with respect.

When the starting signal sounds, remember that courage is not measured only by speed or finishing time. It is found in every early-morning training run, every difficult kilometre and every decision to keep moving forward. Run your own race, celebrate every milestone and enjoy the journey.

Good luck to all our runners! See you at the start line, and we look forward to celebrating with you at the finish line!

Thank you.

LIEW TANG CHIEH

Venue INFORMATION

Race Pack Collection

Date : Wednesday - Saturday (23rd - 26th September) 10:00 a.m. to 8:00 p.m.
Venue : Atrium, Plaza Merdeka Shopping Centre, Jalan Pearl, Kuching, Sarawak.

Drop Zone

You may leave your personal items at the Drop Zone counter where bag deposit will be made available to the participants on a complimentary basis. Drop Zone counter will be open from 10:00 p.m. on 26th September 2026 at race venue, Padang Merdeka and all items not claimed by 8:45 a.m. on 27th September 2026 will be transferred to the Organiser's office.

Participants are encouraged to leave valuables at home/hotel and to bring as little as possible with them as space may be tight on the day.

Bib & Timing Device

Runners of all categories of run with the exception of 5km Run will be receiving a Bib with timing chip which is to be worn visibly in front of running tee.

Car Parks

Runners who are driving to the race venue are advised to park their vehicles on first-come first-served basis at Plaza Merdeka Shopping Mall, Plaza Aurora (Formerly known as Kuching Plaza), Saujana Car Park, Pelita Car Park and Taman Kereta Car Park

(Please check with the respective car parks for their operation hours and charges if any).

Road Closure

There are sections of roads leading to race venue which will be closed for the event. Kindly check the details from the local newspapers and our Facebook page.

Notes to Runners

1. All runners are required to be at start venue Padang Merdeka, 30 minutes before the start time of their respective categories.
2. No runner shall step over the timing mats at the start line and/or finish line before the commencement of the run failing which he/she will be disqualified in the timing system.
3. Always keep yourself hydrated. Water stations can be found averagely 3km apart for the first 30km and averagely 2km apart for the remaining 12km for full marathon route.
4. For the Half Marathon, 10km and 5km routes, water station can be found averagely 3km apart.
5. Food stations can be found at KM21 and KM31 on full marathon route.
6. Mobile toilets can be found at various intervals along the routes and Start/Finish point.
7. Mosques/surau can be found along full marathon and half marathon route. Kindly check the signage for it.
8. Personnel manning the water stations will render help to runners who are in need of medical assistance.
9. Marshalls and volunteers are on standby for you. If you need assistance, please approach them for help.
10. Participants must retire from the race immediately, if required to do so by a marshal, medical personnel, Jabatan Kesihatan Negeri Sarawak, Jabatan Pertahanan Awam Malaysia (JPAM), Jabatan Bomba & Penyelamat Negeri Sarawak, Malaysian Red Crescent Society, St John Ambulance Sarawak, Polis Diraja Malaysia, Military Police, Rela, Markas Divisyen Pertama Infantri Malaysia, Dewan Bandaraya Kuching Utara, Persatuan Olahraga Amatur Sarawak (SAAA), referee, Event Director and/or any official authorised by the Organiser, failing which his/her bib number will be recorded and he/she will be removed from the race, from this point onwards he/she will be continuing independently of the event and at his/her own risk.

Prize Money

A total of cash amounting to RM125,000 are up for grabs by winners of all categories of run except 5KM run in KM2026

42KM Full Marathon

CATEGORY	POSITION & PRIZE (RM)										Total Prize per Category (RM)
	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	
MEN OPEN	10,000	5,000	3,000	1,500	1,000	750	750	750	750	750	24,250
WOMEN OPEN	10,000	5,000	3,000	1,500	1,000	750	750	750	750	750	24,250
MEN NATIONAL	6,000	3,500	1,500	1,000	750	500	500	500	500	500	15,250
WOMEN NATIONAL	6,000	3,500	1,500	1,000	750	500	500	500	500	500	15,250
MEN VETERAN	2,000	1,500	1,000	750	500	250	250	250	250	250	7,000
WOMEN VETERAN	2,000	1,500	1,000	750	500	250	250	250	250	250	7,000

21KM Half Marathon

CATEGORY	POSITION & PRIZE (RM)										Total Prize per Category (RM)
	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	
MEN OPEN	2,500	1,600	1,000	600	500	300	300	300	300	300	7,700
WOMEN OPEN	2,500	1,600	1,000	600	500	300	300	300	300	300	7,700
MEN VETERAN	1,500	1,000	700	500	300	200	200	200	200	200	5,000
WOMEN VETERAN	1,500	1,000	700	500	300	200	200	200	200	200	5,000

10KM Run

CATEGORY	POSITION & PRIZE (RM)										Total Prize per Category (RM)
	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	
MEN OPEN	1,000	650	400	300	200	150	150	150	150	150	3,300
WOMEN OPEN	1,000	650	400	300	200	150	150	150	150	150	3,300

Notes:

The organisers have the absolute, complete and discretionary rights to conduct doping test on winners in all categories at any time before payment of prizes are released in which event the payment of prizes shall be kept in abeyance pending and subject to the full and final result(s) of the doping test.

Race INFORMATION

FULL MARATHON 42KM

 DISTANCE 42.195 KM	 START TIME 1:00am	 CUT-OFF TIME 7 Hours
Runners Receive  BAG  RUNNING T-SHIRT  123 BIB  TIMING CHIP  RUNNER'S GUIDEBOOK  SPONSORED ITEM		Finishers Receive  FINISHER MEDAL  E-CERTIFICATE  FINISHER T-SHIRT Finisher T-shirt and medal will be given to the finishers who have successfully completed the run within the cut-off time of 7 hours.

HALF MARATHON 21KM

 DISTANCE 21 KM	 START TIME 3:00am	 CUT-OFF TIME 4 Hours
Runners Receive  BAG  RUNNING T-SHIRT  123 BIB  TIMING CHIP  RUNNER'S GUIDEBOOK  SPONSORED ITEM		Finishers Receive  FINISHER MEDAL  E-CERTIFICATE  FINISHER T-SHIRT Finisher T-shirt and medal will be given to the finishers who have successfully completed the run within the cut-off time of 4 hours.

10KM Run

 DISTANCE 10 KM	 START TIME 5:00am	 CUT-OFF TIME 2 Hours 30 Mins
Runners Receive  BAG  RUNNING T-SHIRT  123 BIB  TIMING CHIP  RUNNER'S GUIDEBOOK  SPONSORED ITEM		Finishers Receive  FINISHER MEDAL  E-CERTIFICATE Finisher medal will be given to the finishers who have successfully completed the run within the cut-off time of 2 hours 30 minutes.

5KM Run

 DISTANCE 5 KM	 START TIME 6:30am	 CUT-OFF TIME 1 Hours 30 Mins
Runners Receive  BAG  RUNNING T-SHIRT  123 BIB  RUNNER'S GUIDEBOOK  SPONSORED ITEM		Finishers Receive  FINISHER MEDAL  E-CERTIFICATE Finisher medal will be given to the finishers who have successfully completed the run within the cut-off time of 1 hour 30 minutes.

* Runners who do not complete the run within the respective cut-off time at sectional closure of routes will be picked up by Sweeper Van.

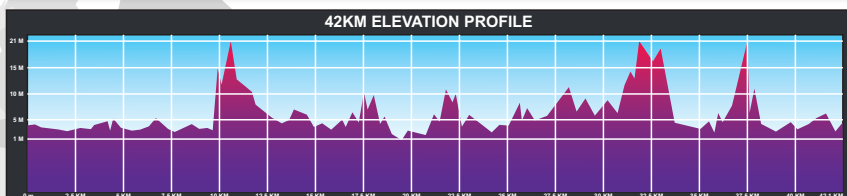
** E-certificate can be downloaded at Kuching Marathon Official Website after full results have been released and published.

Route Map

42 KM FULL MARATHON

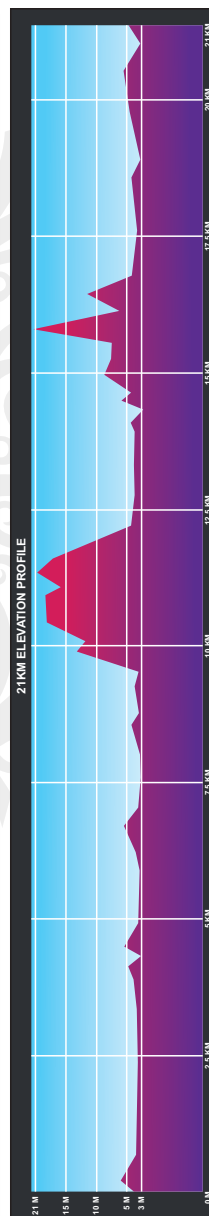
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PANGANG MERDEKA
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KUCHING MARATHON
2026
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Route Map

21 KM HALF MARATHON



Masjid/Surau

ALONG 42KM & 21KM RACE ROUTE

20 Masjid/Surau along 42KM race route of KM2026 are as follows:

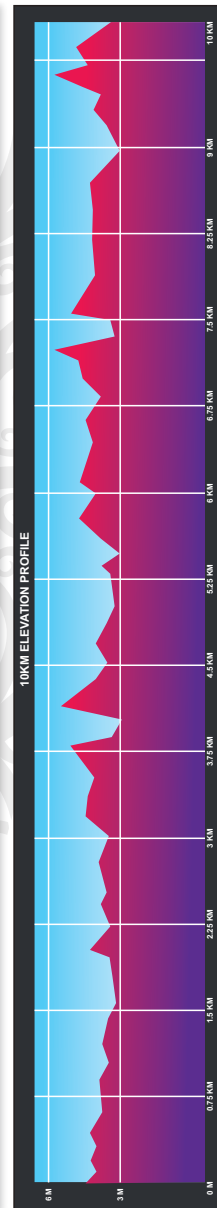
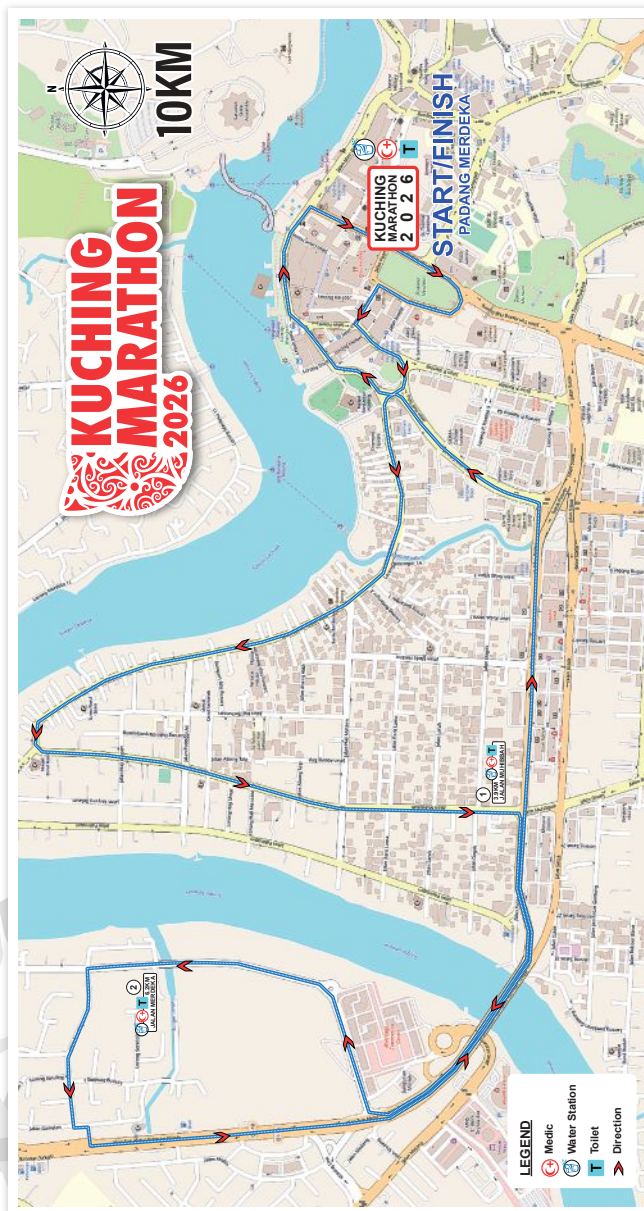
1. Surau inside Merdeka Palace Hotel & Suites
2. Masjid Bandaraya Kuching, Jln Masjid Bahagian
3. Masjid India, Jln Gambier
4. Surau Bandarsah, Jln Datuk Ajibah Abol
5. Surau Nurul Islam, Jln Datuk Ajibah Abol
6. Masjid Darulhana Patingan, Jln Patingan
7. Surau Darul Uyuun, Jln Muhibbah
8. Surau Darul Hijrah, Jln Merdeka
9. Surau Darul Falah, Jln Merdeka
10. Masjid Darul Naim, Jln Hashim Jaafar
11. Surau Darul Ibadat, Jln Astana
12. Surau Darul Muhasibin, Lorong Petra 1
13. Surau Telekom
14. Surau @ Shell Jln Sultan Tengah
15. Surau Darul Ikhlas, Jln Sultan Tengah
16. Masjid Jamek
17. Masjid Darul Hana, Jln Tun Salahuddin
18. Surau @ Stesen Petronas Ulu Bintawa, Jln Tun Salahuddin
19. Surau Darul Hassan, Jln Sungai Apong
20. Surau @ Stesen Petronas near i Com

16 Masjid/Surau along 21KM race route of KM2026 are as follows :

1. Surau inside Merdeka Palace Hotel & Suites
2. Masjid Bandaraya Kuching, Jln Masjid Bahagian
3. Masjid India, Jln Gambier
4. Surau Bandarsah, Jln Datuk Ajibah Abol
5. Surau Nurul Islam, Jln Datuk Ajibah Abol
6. Masjid Darulhana Patingan, Jln Patingan
7. Surau Darul Uyuun, Jln Muhibbah
8. Surau Darul Hijrah, Jln Merdeka
9. Surau Darul Falah, Jln Merdeka
10. Masjid Darul Naim, Jln Hashim Jaafar
11. Surau Darul Ibadat, Jln Astana
12. Surau Darul Muhasibin, Lorong Petra 1
13. Masjid Darul Hana, Jln Tun Salahuddin
14. Surau @ Stesen Petronas Ulu Bintawa, Jln Tun Salahuddin
15. Surau Darul Hassan, Jln Sungai Apong
16. Surau @ Stesen Petronas near i Com

Route Map

10 KM RUN



**KUCHING
MARATHON
2026**
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Masjid/Surau

ALONG 10KM & 5KM RACE ROUTE

8 Masjid/Surau along 10KM race route of KM2026 are as follows:

1. Surau inside Merdeka Palace Hotel & Suites
2. Masjid Bandaraya Kuching, Jln Masjid Bahagian
3. Masjid India, Jln Gambier
4. Surau Bandarsah, Jln Datuk Ajibah Abol
5. Surau Nurul Islam, Jln Datuk Ajibah Abol
6. Masjid Darulhana Patingan, Jln Patingan
7. Surau Darul Uyuun, Jln Muhibbah
8. Masjid Darul Husni Warrahmah, Taman Hussein

6 Masjid/Surau along 5KM race route of KM2026 are as follows :

1. Surau inside Merdeka Palace Hotel & Suites
2. Masjid Bandaraya Kuching, Jln Masjid Bahagian
3. Masjid India, Jln Gambier
4. Surau Bandarsah, Jln Datuk Ajibah Abol
5. Masjid Darul Farhanah, Jln Patinggi Ali
6. Surau Darul Uyuun, Jln Muhibbah

Race Venue

SITE MAP



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